

## Damer 10 km

Placering	Namn		Förening	Tid
1	Rebecca	Waldenfjord	OK Ravinen	00:49:51
2	Anna	Westlund	Enebyberg	00:53:20
3	Caroline	Egnerfors	Stockholm City Triathlon	00:53:46
4	Anca	Dragnea		00:54:41
5	Janie	Nyström		00:55:23
6	Sofie	Bergendahl	IF Thor	00:56:13
7	Åsa	Wallinder	OK Linné	00:57:34
8	Stefanie	Heinig		00:57:37
9	Jenny	Wallner		00:58:51
10	Sandra	Pettersson		01:00:30
11	Johanna	Ljunglöf		01:01:07
12	Emelie	Lilliefeldt	Team Nordic Trail	01:01:13
13	Emelie	Hansen		01:01:22
14	Mona	Lauermann Orheden		01:02:44
15	Juliette	Maussier		01:03:33
16	Anette	Lindström Manninen		01:03:43
17	Lena	Lagerljung	Team Nordic Trail	01:04:21
18	Annelie	Forzelius	team 4zero	01:04:34
19	Lena	Hasselgren Lindsten		01:04:41
20	Anna Karin	Åqvist	OK Linné	01:04:42
21	Mette	Hasselgren		01:04:43
22	Sara	Lannerbro		01:04:45
23	Linda	Haals		01:05:05
24	Camilla	Dexius	Viggen Runners	01:05:30
25	Nina	Maussier		01:05:41
26	Jessika	Breding		01:05:44
27	Inger	Åberg		01:07:09
28	Karin	Hagren	Crossfit Norrort	01:07:13
29	Sofia	Persson Björk	Terrible Tuesdays Triathlon	01:07:24
30	Sari	Taipale	Lucky Leech	01:07:24
31	Christina	Franck		01:07:28
32	Karin	Fries		01:07:31
33	Erika	Herbert		01:07:34
34	Angelica	Gustafsson	Lomvägen Runners	01:07:42
35	Christina	Åqvist		01:07:56
36	Eva	Forsell	Runacademy IF	01:08:40
37	Ingela	Alverfors	BSS	01:08:54
38	Emma	Eneström	Kälvesta knicks	01:08:58
39	Ulrika	Wahlström	Turfgame.com	01:09:30
40	Maria	Ekstrand	Dynamix Köping	01:09:41
41	Annika	Ahldén		01:09:48
42	Linn	Andersson		01:09:49
43	Ausrine	Bereniene		01:09:52
44	Sarah	Lindberg		01:10:09
45	Sophia	Norrgran	Team nordic trail	01:11:06

46	Hannah	Bäckman		01:11:14
47	Barbara	Resch		01:11:19
48	Sara	Passad		01:11:31
49	Sara	Ekelund	Team Nordic Trail	01:11:53
50	Tanja	Grach		01:12:00
51	Katrin	Bevemyr	Crossfit Norrort	01:12:30
52	Lova	Åhbeck	ÅSK	01:12:31
53	marie	tegnefjord		01:12:39
54	Hanna	Wolf		01:12:42
55	Karolina	Kolarova		01:12:49
56	Anna	Wickström		01:12:52
57	Caisa	Gunnarstedt	Råneå	01:13:20
58	Yvonne	Björnén	Nynäshamn Långdistansklubb	01:13:38
59	Malin	Andersson	Team Nordic Trail	01:13:42
60	Tijana	Turbic	Turbolainen	01:13:43
61	Ana	Diez	Team Nordic Trail	01:14:00
62	Ida	Fischer	Stockholm	01:14:02
63	Lena	Zetterlund		01:14:03
64	Sofie	Hellsing	Team nordic trail	01:14:30
65	Gunilla	Roll	Fair Trade Runners	01:14:34
66	Åsa	Sjörs		01:14:45
67	Madeleine	Björk		01:15:17
68	Emma	Hällfors		01:15:17
69	Lisa	Skedung	Sockertoppen IF	01:15:50
70	Sara	De Lima		01:16:00
71	Cecilia	Björklund	Vattenfall IF	01:16:01
72	Annika	Hjort		01:16:18
73	Karin	Geijer Lundin		01:16:39
74	Anne	Unverzagt		01:16:41
75	Sanna	Nilsson	Formtopp IF	01:16:48
76	Erika	Karlström		01:16:57
77	Tina	Horppu	TNT	01:16:59
78	Åsa	Westermarck	LÅ Hälsoinvest AB	01:17:01
79	Anne	Sudhoff		01:17:06
80	Julia	Bach	TNT	01:17:18
81	Anna	Bach Ljungbäck	TNT	01:17:18
82	Anna	Fischer	Team Nordic Trail	01:17:56
83	Lisa	Lundeberg		01:17:59
84	Natalia	Heini		01:18:08
85	Emelie	Lindell		01:18:10
86	My	Längeby		01:18:14
87	Mika	Lindahl		01:18:31
88	Emma	Skeppström		01:18:48
89	Elin	Alamaa		01:18:54
90	Hanna	Jüllig		01:19:12
91	Christina	Bohm	Össebylöparna	01:19:15
92	Jenny	Thörnberg	Norra Stockholm Endurance	01:19:15
93	Sara	Greberg		01:19:30
94	Nina	Lovén		01:19:30
95	Matilda	Ahlquist	Järla Orientering	01:19:31

96	Jenny	Ullgren		01:19:32
97	Teresia	Fredriksson	Fair Trade Runners	01:19:44
98	Marika	Atterbrand	Team Norrviken	01:19:46
99	Victoria	Westerberg		01:20:02
100	Monica	Heyder		01:20:31
101	Gunvor	Latva		01:20:34
102	Åsa	Pettersson		01:20:38
103	Jennie	Högfors		01:21:23
104	Helene	Netsgård	Team Nordic Trail	01:21:24
105	Rosa	Lauppe		01:21:43
106	Johanna	Edlund lewell		01:21:45
107	Malin	Öberg		01:21:45
108	Emma	Widerberg		01:21:47
109	Anna	Frantsouzova		01:21:58
110	Linda	Arnsten		01:22:00
111	Camilla	Genberg		01:22:07
112	Annika	Stenlund		01:22:55
113	Josephine	Arnsten		01:23:04
114	Karin	Sundell	Sollentunahems IK	01:23:08
115	Elisabeth	Forssén	Team Nordic Trail	01:23:13
116	Malin	Thiel		01:23:57
117	Jennie	Karlsson		01:24:16
118	Ann-Sofi	Åhn		01:24:25
119	Matilda	Bouveng	ICA Maxi Häggvik	01:24:56
120	Sara	Lindberg	ICA Maxi Häggvik	01:25:04
121	Mikaela	Forslund		01:25:22
122	Anna	Ericson	Åtråvärda Årsta Athletix	01:25:40
123	Sofia	Esbjörnsson		01:25:55
124	Mirja	Kopparberg		01:26:04
125	Marie	Stigsson		01:26:09
126	Linnea	Castenfors		01:26:27
127	Gerd	Castenfors		01:26:29
128	Anna	Lindskoog Pettersson	Attunda OK	01:26:52
129	Alexandra	Elemyr Unstad		01:27:17
130	Malin	Teeling	SPIF	01:28:38
131	Charlotta	Calås		01:28:41
132	Lena	Lüning		01:28:41
133	Erica	Hallin		01:29:39
134	Erika	Bredberg		01:29:40
135	Alexandra	Blomqvist		01:29:46
136	Sofia	Arnsten		01:31:15
137	Amanda	Sköld		01:32:03
138	Saga	Edgren		01:32:10
139	Maria	Swedner		01:32:11
140	Susanne	Sigfridsson	Team Nordic Trail	01:32:41
141	Malin	Andersson		01:32:43
142	Elisabeth	Trolling		01:32:45
143	Linda	Nivell		01:33:17
144	Anna	Nivell		01:33:28
145	Emilie	Sjögren		01:33:52

146	Elise	Fahlgren		01:34:09
147	Malin	Holdt		01:34:14
148	Agneta	Åkerberg guilotte		01:34:15
149	My	Oscarsson		01:34:16
150	Viktoria	Stärner		01:34:36
151	Anna	Österberg		01:34:37
152	Anna	Sundberg		01:34:47
153	Johanna	Sundberg		01:34:48
154	Rebecca	Cederström	Team Nordic Trail	01:34:49
155	Felicia	Hilden		01:35:05
156	Mikaela	Ekehult		01:35:10
157	Ida	Söderlund		01:35:10
158	Anna	Lundin	Team Nordic Trail	01:35:52
159	Elisabeth	Kvist	Team Nordic Trail	01:35:56
160	Leonor	Calatayud		01:36:14
161	Eva-Marie	Hoff		01:36:22
162	Sanna	Gustavsson	Deloitte	01:36:25
163	Anna	Goliath		01:36:30
164	AnnSofie	Ahlund		01:36:35
165	Linda	Diktonius		01:36:36
166	Emma	Hedenström		01:36:40
167	Jenny	Gröhn	Aktiv Hälsa	01:36:41
168	Martyna	Studniarska		01:39:19
169	Natalie	Petryk Willgert		01:39:20
170	Jennika	Hammar		01:40:11
171	Annika	Nilsson		01:40:14
172	Cecilia	Ramström		01:42:57
173	Isabella	Hedberg		01:42:59
174	Jessica	Zetterberg		01:45:23
175	Elin	Pettersson Högstedt		01:45:24
176	Malin	Lenholm		01:51:11
177	Kristin	Höglund		01:54:05
178	Hedvig	Gröndal		01:54:42
179	Nina	Sandberg		01:54:43
180	Özlem	Tan		DNF/DNS
181	Anneli	Alanko	Lynx Multisport team	DNF/DNS
182	Ewa	Bergström	Sports club OCR	DNF/DNS
183	Yurie	Chatzikyriakidou		DNF/DNS
184	Emma	Chroona		DNF/DNS
185	Malin	Ericsson		DNF/DNS
186	Monika	Frosteman		DNF/DNS
187	Sara	Fällman		DNF/DNS
188	Lisa	Joulin	Sportsclub OCR	DNF/DNS
189	Anna	Karlsson	Järfälla	DNF/DNS
190	Marie	Lantz		DNF/DNS
191	Mikaela	Lee	SportsClub OCR	DNF/DNS
192	Janni	Lilljeforss		DNF/DNS
193	Anna	Lindahl		DNF/DNS
194	Åsa	Lindeblad	Väsby SS Triathlon	DNF/DNS
195	Frida	Lundgren		DNF/DNS

196	Cecilia	Lundholm		DNF/DNS
197	Jenny	Lundin	IFK Enskede	DNF/DNS
198	Elisabet	Lundsten	AFA försäkring	DNF/DNS
199	Madeleine	Magnusson	NSE	DNF/DNS
200	Anna	Malmeström		DNF/DNS
201	Gelinder	Maria		DNF/DNS
202	Pernilla	Mattes		DNF/DNS
203	Carolin	Nordström		DNF/DNS
204	Helena	Nyström		DNF/DNS
205	Louise	Ridderstolpe		DNF/DNS
206	Camilla	Russell		DNF/DNS
207	Fredrika	Sinclair		DNF/DNS
208	Lilly	Stefansson		DNF/DNS
209	Camilla	Sterner	SÖS IF	DNF/DNS
210	Lotti	Tamm Bäckman	FSG 2.0	DNF/DNS
211	Marta	Tiberg		DNF/DNS
212	Nathalie	Trang		DNF/DNS
213	Anna	Wallert		DNF/DNS
214	Theresia	Viska		DNF/DNS
215	Marie-Louise	Åhman		DNF/DNS
216	Anna	Östberg		DNF/DNS
217	Elisabeth	Österlund		DNF/DNS

## Herrar 10 km

Placering	Namn	Förening	Tid	
1	Mika	Sällinen	Ununge IF	00:42:28
2	Nils	Risberg	Runday IF	00:47:23
3	Claes	Löfman	Väsby SK	00:47:28
4	Oskar	Lindgren	ICA Maxi Häggvik	00:47:41
5	Viktor	Zackrisson	Enhörna IF	00:47:52
6	Sebastian	Lantz	Löparklubben Springmaskarna	00:48:18
7	niklas	kåvius		00:49:32
8	Pelle	Karlson	UMARA Sports Club	00:49:34
9	Eric	Kling		00:49:35
10	Jonathan	Wallin		00:49:39
11	Knut	Ander	Åkersberga Spring	00:50:33
12	Mats	Hainke	Snättringe SK	00:50:33
13	Ola	Björnén	Nynäshamn Långdistansklubb	00:50:45
14	Klas	Andersson	Peab Bostad	00:51:12
15	Sigfus	Sigfusson		00:51:22
16	Daniel	Swahn	Väsby SS Triathlon	00:51:28
17	Jonas	Öhman	Väsby OK	00:51:50
18	Michael	Ahlquist	Järla Orientering	00:51:58
19	Oskar	Birkne	Team Nordic Trail	00:52:33
20	Mattias	Berglund	Bromma-Vällingby SOK	00:52:44
21	Christopher	Fransson	Helt Säkert AB	00:52:45
22	Rasmus	Nyberg		00:52:51
23	Jesper	Carlsson	Åtråvärda Årsta Athletix	00:52:55
24	Johan	Lidmar	Snättringe SK	00:53:13

25	Fredrik	Greberg		00:53:18
26	Lars	Hammarström		00:53:32
27	Stefan	Westlén	Team Nordic Trail	00:53:42
28	Lukas	Olsson	Väsby OK	00:54:03
29	Dennis	Nyqvist	Väsby OK	00:54:10
30	Tomas	Gerdin	ETL Data Raceing team	00:54:15
31	Kristofer	Söderholm		00:54:42
32	Andreas	Eklund		00:55:01
33	Christian	Appelgren		00:55:03
34	Johan	Valinder		00:55:07
35	Erik	Rindborg		00:55:08
36	Johan	Fahlström	IFK Sala	00:55:09
37	Thomas	Carlberg	Västerås	00:55:10
38	Daniel	Nutley		00:55:11
39	Mikael	Eriksson Björling		00:55:15
40	Göran	Elding	Team Nordic Trail	00:55:36
41	Frédéric	Sihvola	French Flair Running	00:55:54
42	Jens	Sandberg		00:55:55
43	Kristoffer	Soldal		00:55:56
44	Sven	Widén		00:56:11
45	Johannes	Soldal		00:56:19
46	Carl	Almgren	Soundtrack Your Brand	00:56:22
47	Joakim	Olsson	Väsby OK	00:56:38
48	Anders	Johansson	Weekend Warriors	00:56:57
49	Mikael	Jansson	Team Oldguys	00:57:08
50	Niklas	Eriksson		00:57:14
51	Daniel	Eklund		00:57:18
52	Henrik	Närvä		00:57:24
53	Sven	Kärnekull		00:57:29
54	Carl	Bejersten		00:57:34
55	patrik	olofson		00:57:37
56	Erik	Olebark Ringheim		00:57:38
57	Karl	Håkansson	Uppsala LK	00:57:50
58	Thomas	Lindell	Team Nordic Trail / OK Södertörn	00:57:57
59	Henrik	Engström	Enebybergs IF	00:58:04
60	Henrik	Edwardsson	Ericsson ESİK	00:58:08
61	William	Lantz Winberg	Löparklubben Springmaskarna	00:58:10
62	Anders	Ohlin	Rånäs OK	00:58:46
63	Magnus	Strömqvist	Attunda OK	00:58:50
64	Jens	Dolk		00:58:57
65	Peter	Lindström		00:59:06
66	Henrik	Reiz	1680 Carlscrona	00:59:10
67	Fredrik	Hilton	Enebybergs IF	00:59:12
68	Mattias	Hellgren	Team Nordic Trail	00:59:17
69	Dennis	Jakobsson		00:59:19
70	Kim	Tuuliainen	SMACK	00:59:21
71	Micke	Ramserdal	Åkersberga spring	00:59:25
72	Andreas	Herne	OK Ravinen	00:59:29
73	Johan	Sandberg	Team Nordic Trail	00:59:30
74	Örjan	Lidberg	Handelsbanken IF	00:59:31

75	Christer	Hörlin	Trimble	00:59:34
76	Mattias	Rydén		00:59:54
77	Hans-Olov	Vesterlund	SportsClub OCR	01:00:09
78	Tobias	Atterbrand	Team Norrviken	01:00:19
79	Mats	Larsson	Aktiv Hälsa	01:00:22
80	Emil	Berntling	Sports Club OCR	01:00:27
81	Björn	Lindberg	Fredrikshof ck	01:00:27
82	Kristoffer	Sigurdsson		01:00:29
83	Johan	Söderlind		01:00:35
84	Marcus	Lannerbro		01:00:39
85	Andreas	Grihp	Frösunda Finest	01:00:51
86	Robert	Bäckman	Frösunda Finest	01:01:03
87	Björn	Lundin		01:01:20
88	Zintis	Rove		01:01:20
89	Karl	Wallander	Järfälla Skidklubb	01:01:20
90	Jonathan	Johansson		01:01:22
91	Clayton	Neill		01:01:29
92	Jamie	Rivero		01:01:58
93	Marcus	Winkler	ICA Maxi Häggvik	01:02:05
94	Daniel	Löhr	Team Nordic Trail	01:02:37
95	Daniel	Eriksson	PRO gym	01:03:23
96	Erik	Lundberg	AXA SC	01:03:24
97	Tobias	Hill		01:03:25
98	Johan	Lindberg		01:03:30
99	Patrik	Lundgren	Loomis IF	01:03:42
100	Victor	Tuberus Liljekvist	ICA Maxi Häggvik	01:04:02
101	Robert	Bergström	Sports club OCR	01:04:04
102	Thomas	Eriksson	Norwegian	01:04:09
103	Micke	Lagerljung	Team Nordic Trail	01:04:20
104	Johannes	Grönlund	ICA Maxi Häggvik	01:04:23
105	Mårten	Huzell		01:04:25
106	Tobias	Cronsell		01:04:28
107	Johan	Andersson		01:04:54
108	Joakim	Stjernlöf	Sportsclub Vallentuna	01:05:00
109	Jon	Eklöf		01:05:04
110	Robin	Orheden		01:05:09
111	Mattias	Lintzén		01:05:25
112	Andreas	Bohlin	Viggan Runners	01:05:30
113	Håkan	Jonsson	Team Nordic Trail	01:05:37
114	Herman	Looström	Mörtnäs	01:05:37
115	Samuel	Mayer		01:05:42
116	Sebastian	Hertzberg		01:05:45
117	Mathias	Eklund	Atea IFF	01:05:46
118	Fredrik	Edström	Kungsängen	01:05:47
119	Tosse	Landin	Team Tunbohässe	01:05:47
120	Mats	Eriksson	Team Nordic Trail	01:05:53
121	Michael	Andersson	Moring	01:05:54
122	Richard	Larsson	Munktorp	01:06:08
123	Johan	Bärj		01:06:12
124	Oscar	Westerlund		01:06:23

125	Melker	Gren	Försvarsmakten	01:06:53
126	Johan	Benjaminsson		01:07:08
127	Björn	Ehlert	Valtech	01:07:08
128	Jonas	Ahldén		01:07:09
129	Joacim	Kåkemyhr		01:07:17
130	Kristoffer	Ohlin	Råna OK	01:07:19
131	Anders	Åhlstad	Försvarets Sportklubb	01:07:19
132	Gustav	Hedman	ICA Maxi Häggvik	01:07:21
133	Erik	Pålsson		01:07:24
134	Per-Erik	Nåslén	Luleå	01:07:49
135	Hasse	Brontén	Roa Runners	01:07:52
136	Jan	Örtenblad		01:07:59
137	Alexander	Birker	Dynamix Köping	01:08:30
138	Davor	Tepic	Fibretti	01:08:36
139	Leif	Forsell	Runacademy IF	01:08:39
140	Andreas	Bolger		01:08:46
141	David	Orheden		01:08:47
142	Christer	Öhgren	Lucky Leech	01:08:52
143	Peter	Tollin		01:09:07
144	Jan	Nesterud	TNT	01:09:22
145	Alexander	Ljungman		01:09:26
146	Patrick	Barnekow	Morning Hawks	01:09:30
147	Boris	Holmberg		01:09:31
148	Paul	Conibear		01:09:33
149	Niclas	Colliander		01:09:39
150	Marcus	Linder	Stockholm City Triathlon	01:09:46
151	Christian	Pisano		01:09:57
152	Johan	Carlsson		01:09:59
153	Samuel	Young		01:10:15
154	Max	Granberg		01:10:20
155	Edward	Olsson	Turfgame.com	01:10:26
156	Hans	Jonsson	Väsby OK	01:10:34
157	Edvin	Kösmark		01:11:00
158	Viktor	Rutberg	Avanza IF	01:11:04
159	Johan	De Lima		01:11:05
160	Jonas	Fernholm	Novatrox Group	01:11:06
161	Jan	Åberg		01:11:07
162	Erik	Nordahl		01:11:17
163	Henrik	Larsson Bendz		01:11:31
164	Robert	Gran	Sundbyberg	01:11:35
165	Claes	Murray		01:11:49
166	Fredrik	Öhlén		01:11:53
167	Eric	Landberg		01:11:54
168	Anton	Noring		01:12:13
169	Johan	Bevemyr	Crossfit Norrort	01:12:22
170	Nicklas	Hedberg	Sundbyberg	01:12:22
171	Peter	Hagren	Crossfit Norrort	01:12:25
172	Jonatan	Sääf	Peab IF	01:12:36
173	Patrik	Hagström	BCK	01:12:37
174	Pontus	Bohlin	Väsby SS Triathlon	01:12:40



175	Jesper	Ståhl	Club One Fifty	01:12:40
176	Henrik	Lindman	Peab IF	01:12:45
177	Erik	Illmann		01:12:49
178	Daniel	Wickström		01:12:52
179	Anders	Verter		01:12:56
180	Nils	Häger	Lomvägen Runners	01:12:58
181	Anders	Unosson		01:13:05
182	Tobias	Bard		01:13:07
183	Victor	Orlov		01:13:26
184	Eric	Breitholtz		01:14:03
185	Alexander	Gertz	Uppsala	01:14:13
186	Erik	Åhlstad		01:14:14
187	Axel	Pyk		01:14:36
188	Älskade Hen	Ohlsson		01:14:48
189	Ulf	Björkman	Club One Fifty	01:14:50
190	Måns	Möller	Roa Runners	01:14:56
191	Johan	Bjurling		01:15:05
192	Tobias	Trojje		01:15:10
193	Marcus	Rostmark	IFK Märsta	01:15:13
194	Richard	Åkerström		01:15:17
195	Peter	Hjelmkvist		01:15:38
196	Uno	Björklund		01:15:54
197	Simon	Ikonen		01:16:03
198	Per	Wettby	Dan, Pelle och jag	01:16:17
199	Johan	Kölhi	Kullö Concept Runners	01:16:20
200	Lars	Sander	Kullö Concept Runners	01:16:28
201	Jimmy	Nyberg		01:16:37
202	Gabriel	Åhbeck	ÅSK	01:16:53
203	Morgan	Larsson	Team Nordic Trail	01:17:11
204	Fredrik	Stewen	Pointsharp AB	01:17:50
205	magnus	carlenstam	Huddinge	01:18:07
206	Johan	Rainer		01:18:21
207	Adam	Dahlén		01:18:55
208	Jan	Östlund	Friskis & Svettis Järfälla	01:20:01
209	Marcus	Holmberg		01:21:44
210	Fredrik	Nilsson		01:21:44
211	Jack	Roslund		01:21:45
212	Dick	Anetoft	Lucky Leech	01:22:25
213	Magnus	Castenfors	Saltsjöbadens IF	01:23:50
214	Anders	Castenfors	KSSS	01:26:21
215	Carl	Jovér		01:27:07
216	Kim	Restrup		01:28:38
217	Fredrik	Nilsson		01:28:53
218	Cristian	Avram		01:29:30
219	Markus	Söderqvist		01:29:46
220	Henrik	Nilsson		01:32:03
221	Steve	Bengtsson		01:32:47
222	Fredrik	Larsson	Ringduvans Athletic Club	01:34:33
223	Emil	Ahlin		01:34:38
224	Magnus	Gröhn	Aktiv Hälsa	01:36:30

225	Per	Jonasson		01:37:05
226	robert	höckerbo		01:37:23
227	Magnus	Björnstedt		01:37:52
228	Jakob	Schröger		01:41:13
229	Lars-Magnus	Bäckström		01:48:42
230	Jonny	Nyberg		01:52:34
231	Johan	Blidmo	Väsby sk	DNF/DNS
232	Andreas	Hertzberg		DNF/DNS
233	Oscar	Alm	FSG 2.0	DNF/DNS
234	Christer	Andemark	Team Nordic trail	DNF/DNS
235	Cristobal	Araneda		DNF/DNS
236	Dan	Arkemo	Dan, Pelle och jag	DNF/DNS
237	Per	Berglund	Täby	DNF/DNS
238	Martin	Björklund	Anonyma Atleter	DNF/DNS
239	Martin	Bäckström		DNF/DNS
240	Göran	Eklund		DNF/DNS
241	John	Eliasson	ICA Maxi Häggvik	DNF/DNS
242	Henrik	Eriksson	Tumba Mälarhöjden	DNF/DNS
243	Rikard	Eriksson		DNF/DNS
244	Christoffer	Frick Kangas		DNF/DNS
245	Magnus	Gelinder	Solna	DNF/DNS
246	Jan	Glevén	Järla Orientering	DNF/DNS
247	Gunnar	Gradmark	Swedbank IF	DNF/DNS
248	Michael	Gricksch	runday	DNF/DNS
249	Andreas	Harbeck	Team Harbeck	DNF/DNS
250	Jesper	Helander	Lonesome Runners	DNF/DNS
251	Fredrik	Helderyd		DNF/DNS
252	Bernhard	Hirschauer	iGW / Coaching by Trimaster	DNF/DNS
253	Jonas	Holmqvist		DNF/DNS
254	David	Hutchinson		DNF/DNS
255	Erik	Jansson		DNF/DNS
256	Jan	Knipström		DNF/DNS
257	Fredrik	Käll	FSG 2.0	DNF/DNS
258	Ivan	Lewis	ICA Maxi Häggvik	DNF/DNS
259	Thomas	Lindahl	Claremont	DNF/DNS
260	Magnus	Lindell	Hässelby	DNF/DNS
261	Malcolm	McNab	GLM	DNF/DNS
262	Klas	Näslund	TEAM PEKA	DNF/DNS
263	Michael	Pander		DNF/DNS
264	Simon	Sandgren	Bromma-Vällingby SOK	DNF/DNS
265	Fredrik	Skeppstedt		DNF/DNS
266	Christian	Sundberg		DNF/DNS
267	Daniel	Takayama	Waxholms OK	DNF/DNS
268	Marcus	Tamme		DNF/DNS
269	David	Tingström	Westeros Trail	DNF/DNS
270	Stefan	Torstensson		DNF/DNS
271	Marcus	Wadsten		DNF/DNS
272	Torbjörn	Wallin		DNF/DNS
273	Peter	Vikberg	Järfälla CK	DNF/DNS
274	Per	Öberg	AXA	DNF/DNS

## Damer 5 km

Placering	Namn	Förening	Tid
1	Jennie Hurkmans	Turebergs FK	00:26:26
2	Malin Dahlström	Tullinge SK	00:27:01
3	Tuva Lundkvist		00:28:59
4	Samantha Ahlgren	OK Roslagen	00:29:29
5	Emmy Pettersson	Team Petzon	00:29:37
6	Johanna Larsson	Köping-Kolsva OK	00:30:43
7	Elisabeth Stålhammar	Tullinge SK	00:31:03
8	Maria Cole	Väsby OK	00:31:10
9	Elisabeth Mandorf	2-fast	00:32:18
10	Katja Leickt	Tullinge SK	00:33:03
11	Therese Andersson	Team Club One Fifty	00:33:08
12	Anita Kedhammar		00:33:09
13	Desirée Kiskéri	Fairtrade Runners	00:33:17
14	Klara Eidhagen	Järfälla	00:33:21
15	Ellinor Bergman	Järfälla OK	00:34:23
16	Anna Löthman		00:34:41
17	Matilda Olofsson		00:34:48
18	Karin Sarén		00:35:13
19	Anna Horgby		00:35:31
20	Lou Huuva		00:35:33
21	Madelene Agne		00:35:33
22	Mia Gleisner	NCC IF Stockholm	00:35:53
23	Anna Vikström		00:36:29
24	Julia Johansson		00:36:49
25	Moa de Bourgh		00:36:54
26	Johanna Carlborg	Team nordic trail	00:37:09
27	Esther Von Zweigbergk	Sundbyberg Orientering	00:37:16
28	Annica Brozin	Team Nordic Trail	00:37:43
29	Astrid Wärngren	Eskilstuna trailklubb	00:37:43
30	Veronica Redtzer	Ica Nära Järvastaden	00:37:59
31	Alicia Redtzer	Ica Nära Järvastaden	00:38:17
32	Tove Bjurström		00:38:21
33	Marie Ödlund	Team Norrvalla	00:38:26
34	Ulrika Emteryd	Nacka	00:38:30
35	Titti Bergendahl	OK Måsen	00:38:35
36	Sara Bergman	Marathontjejer	00:38:40
37	Lena Hagman		00:38:46
38	Johanna Skottheim		00:38:46
39	Janna Eva Unell	Sundbybergs IK	00:38:46
40	Anna Hedström		00:38:47
41	Lena Lindeberg		00:38:50
42	Emelie Kyrk		00:38:56
43	Annika Lundström	Väsby OK	00:38:59
44	Elisabet Lundsten		00:39:01
45	Kristina Sörensen		00:39:58
46	Eleonor Sandström		00:40:02

47	Emma	Karlén	Sports Club OCR	00:40:15
48	Jessica	Jonshammar		00:40:18
49	Jennie	Haag		00:40:19
50	Jennie	Sjöström		00:40:38
51	Christine	Persson		00:40:57
52	Caroline	Jöngren		00:41:21
53	Agnes	Bondesson		00:41:22
54	Caroline	Backberg		00:41:25
55	Jenny	Wiik		00:41:29
56	Marina	Sammils Baleiro		00:41:35
57	Elisabet	Bengtsson		00:41:46
58	Tina	Oretorp		00:41:47
59	Ann	Brändström		00:41:56
60	Camilla	Kinnarinen	Gudö IF	00:41:58
61	Annelie	Johansson	Uppsala	00:41:59
62	Lina	Mehlqvist		00:41:59
63	Marianne	Steen		00:42:01
64	Johanna	Koivunen		00:42:09
65	Diana	Tillström	Gudö IF	00:42:11
66	Sofia	Lindecrantz	Bollens	00:42:21
67	Annika	Nilsson		00:42:35
68	Jessica	Strömqvist	Attunda OK	00:42:47
69	Anna	Forslund		00:43:06
70	Lotta	Englund	Sports Club OCR	00:43:12
71	Mirja	Walderhaug	Sports Club OCR	00:43:12
72	Simona	Abraham	Järngänget	00:43:16
73	Carolin	Lektorp		00:43:18
74	Annika	Sundbaum		00:44:18
75	Matilda	Milton	ICA Maxi Häggvik	00:44:25
76	Anna	Karlgren		00:44:48
77	Karolina	Gudmundsdottir		00:44:53
78	Jessica	Rungner		00:44:56
79	Josefin	Andersen		00:45:11
80	Maria	Mattsson		00:45:16
81	Emma	Hårdsten Jörndahl		00:45:29
82	Linn	Köhrning	Sickla IF	00:45:33
83	Lisa	Matti		00:45:34
84	Marika	Lindström		00:45:35
85	Josefine	Skutberg	Trillevallen Sportklubb	00:45:35
86	Linnea	Norman		00:45:43
87	Kajsa	Johansson		00:45:55
88	Malin	Näslund	Bålsta CK	00:46:05
89	Annika	Elovsson		00:46:09
90	Kerli	Kehman		00:46:10
91	Susanne	Bardin Wrede		00:46:18
92	Johanna	Hellström		00:46:18
93	Linn	Ihrefjord		00:46:27
94	Jana	Rostmark	IFK Märsta	00:46:27
95	Nina	Dahlin		00:46:40
96	Sophie	Puekker		00:46:43

97	Laila	Ihrefjord	Täby	00:46:53
98	Josefine	Ricknell		00:47:04
99	Anette	Ricknell		00:47:07
100	Louise	Nordenborg	Springande tjejer	00:47:11
101	Kattis	Holm	-	00:47:20
102	Amanda	Strid	ICA Maxi Häggvik	00:47:31
103	Hanna	Wilson	Team Wilson	00:47:41
104	Ida	Johannson	ICA Maxi Häggvik	00:47:43
105	Hanna	Von Zweigbergk	Sundbybergs IK Orientering	00:47:55
106	Ann	Svennberg	Lidingö	00:48:01
107	Eva	Andersson	SCT	00:48:04
108	Åsa	Radne	Gudö IF	00:48:14
109	Sara	Svennberg	Björnlunda	00:48:19
110	Lena	Norman		00:48:57
111	Christina	Malmqvist	Falkenbergs OK	00:48:59
112	Johanna	Käld		00:49:16
113	Ulrika	Karlsson		00:49:43
114	Carina	Aronson		00:49:45
115	Beatrice	Jansson	Sollentuna	00:50:08
116	Viktoria	Fahlin	Modis	00:50:12
117	Karin	Noreng		00:50:17
118	Marika	Mörsky		00:50:32
119	Matilda	Mattsson Fröjd		00:50:36
120	Linnéa	Curstedt		00:50:44
121	Sandra	Holmström		00:50:46
122	Hannah	Soini		00:51:04
123	Sierra	Hardy	Ica Nära Järvastaden	00:51:12
124	Birgitta	Goliath Erixon		00:51:17
125	Johanna	Treiber		00:51:27
126	Alexandra	Jansson		00:51:29
127	Anette	Johansson		00:51:40
128	Miina	Saarna		00:51:41
129	Malin	Sundström		00:51:58
130	Ingrid	Olsson	Väsby OK	00:52:27
131	Kaltrina	Hoxha		00:52:48
132	Isabelle	Lundqvist		00:53:37
133	Sofia	Lundqvist		00:53:37
134	Sara	Dargin		00:54:02
135	Marie	Carlsson		00:54:06
136	Ann	Jansson	Fairtrade Runners	00:54:07
137	Eva	Olsson		00:54:11
138	Ingela	Granqvist		00:54:15
139	Mia	Andersson		00:54:29
140	Martina	Engsjö Lindgren	Lonesome Runners	00:54:58
141	Ann-Sofie	Eklund		00:55:02
142	Tonja	Orheden		00:55:55
143	Jessica	Lundberg		00:56:15
144	Sofia	Seferli Frantzi		00:56:24
145	Sophie	Karlsson		00:56:54
146	Sirpa	Larsson		00:56:59

147	Ingela	Österman	Gudö IF	00:57:30
148	Annika	Andersson		00:57:36
149	Maya	Andersson		00:57:36
150	Titti	Axén		00:58:12
151	Sacha	Titmuss		00:58:47
152	Anna	Henriksson		01:00:12
153	Ioana	Melesteu		01:00:13
154	Sangeetha	Govindarajan		01:00:44
155	Åsa	Börjesson		01:00:45
156	Elise	Ahlström		DNF/DNS
157	Elenor	Atte	Veikkos backträning	DNF/DNS
158	Victoria	Björkegren		DNF/DNS
159	Linda	Brännlund	ICA Maxi Häggvik	DNF/DNS
160	Caroline	Canel		DNF/DNS
161	Camilla	Dyrberg		DNF/DNS
162	Åsa	Ericsson		DNF/DNS
163	Sandra	Eriksson		DNF/DNS
164	Maja	Ersson	Ica Nära Järvastaden	DNF/DNS
165	Jessica	Johansson		DNF/DNS
166	Koula	Karlsson		DNF/DNS
167	Alexandra	Krantz Nordin		DNF/DNS
168	Alicia	Lauterbach	Ica Nära Järvastaden	DNF/DNS
169	Stina	Ljung		DNF/DNS
170	Wen	Lu		DNF/DNS
171	Josephine	Mattsson		DNF/DNS
172	Christina	Montgomerie		DNF/DNS
173	Camilla	Norberg		DNF/DNS
174	Alexandra	Nordström		DNF/DNS
175	Catharina	Norlinger	FMV Sport	DNF/DNS
176	Lena	Olofsson		DNF/DNS
177	Elin	Olsson	Ica Nära Järvastaden	DNF/DNS
178	Jinna	Rastefalk		DNF/DNS
179	Ines	Rodriguez Leal		DNF/DNS
180	Maria	Sinko		DNF/DNS
181	Sofia	Sternberg	Stureby Sprinters	DNF/DNS
182	Anna Maria	Sundin		DNF/DNS
183	Monika	Wahlund		DNF/DNS
184	Lena	Wilmo	Friskis & Svettis Stockholm	DNF/DNS
185	johanna	Wistedt	team vretbo	DNF/DNS

## Herrar 5 km

Placering	Namn	Förening	Tid	
1	David	Bejbom	AB Kartverkstan	00:21:53
2	Mathias	Stjernlöf	NOCCO	00:22:11
3	Hugo	Bergendahl Hansson	If Thor	00:24:49
4	Elliot	Nord	Väsby SS Triathlon	00:25:00
5	Niclas	Larsson	Köping-Kolsva OK	00:25:09
6	Zebastian	Gudmundsson	Eskilstuna Fridrott	00:25:38
7	Rasmus	Kihl	Ica Nära Järvastaden	00:25:40

8	Erik	Nederheim	Täby OK	00:25:58
9	Mikael	Nerman		00:26:06
10	Tomas	Kvadil	NOCCO	00:27:00
11	Berndt	Pettersson	Team Petzon	00:27:06
12	Andreas	Bolin	Bollens	00:27:55
13	Egil	Löthman		00:28:32
14	Robert	Thorslund	2-fast	00:28:41
15	Magnus	Dahlin		00:28:59
16	Pierre	de Bourgh		00:29:52
17	Mikael	Buddgård	Lidingö	00:30:03
18	Michael	Norman	Tureberg	00:30:07
19	Kristian	Holm Moander	Team Nordic Trail	00:30:08
20	Joakim	Nyman		00:30:09
21	Carl	Sandström	Sandström EI	00:30:18
22	Edvin	Tjernlund	TTP	00:30:47
23	Oskar	Nederheim	Täby ok	00:30:49
24	Tov	Langerak	Järfälla OK	00:31:09
25	Johan	Elgh	Revlingen Idrottsförening	00:31:48
26	Felix	Österberg		00:31:50
27	Niclas	Agné		00:31:59
28	Christian	Westberg		00:32:09
29	Mathias	Valle	Veikkos backträning	00:32:38
30	Alexander	Blomberg Nyman		00:32:52
31	Patrik	Leickt		00:33:04
32	Thomas	Bäverlid	Team 42	00:33:16
33	Daniel	Schröfel		00:33:49
34	Rasmus	Ahlén	Ica Nära Järvastaden	00:33:54
35	Theo	Mörk	Ica Nära Järvastaden	00:33:55
36	Milton	Pollak	Ica Nära Järvastaden	00:33:58
37	Tor	Öberg		00:34:14
38	Pär	Emteryd	Nacka	00:34:50
39	Jonny	Sammils		00:34:55
40	Henrik	Andersén Hällstig		00:35:36
41	William	Hedberg	Råsunda	00:35:49
42	Frans	Eriksson		00:35:58
43	Alexander	Strandh		00:36:07
44	Johan	Kedhammar		00:36:23
45	Gustav	Wikström		00:36:24
46	Håkan	Melinder	Väsby SS Triathlon	00:36:37
47	Oliver	Eklund		00:36:40
48	Anders	Friman		00:36:49
49	Ali	Özpekmezci		00:37:10
50	Christopher	Holmström	NOCCO	00:37:26
51	Patrik	Rostmark	IFK Märsta	00:37:48
52	Anders	Einarsson	Ica Nära Järvastaden	00:37:58
53	Anders	Berkelund	Väsby OK	00:38:01
54	Anders	Brändström		00:38:15
55	Kristian	Jansson	Team Norrvalla	00:38:26
56	Marcus	Kallur		00:38:29
57	Elliot	Forssblad	Ica Nära Järvastaden	00:38:30

58	Bo	Gylleus		00:38:41
59	Joakim	Lind		00:38:50
60	Magnus	Käck	Ica Nära Järvastaden	00:39:10
61	Jonas	Andersson		00:39:19
62	Mikael	Käld		00:39:37
63	Joakim	Wigren	Fartfabriken	00:40:02
64	David	Erlandsson		00:40:05
65	Nicklas	Karlén	Sports Club OCR	00:40:07
66	Sheikh Faisal	Rehman		00:40:12
67	Mikael	Jonshammar		00:40:19
68	Alvin	Hilmersson		00:40:20
69	Christer	Nyman		00:40:51
70	Daniel	Bartenius	Försvarsmakten	00:40:55
71	Oscar	Persson		00:40:55
72	Johan	Eek		00:40:58
73	Marcus	Holm		00:41:15
74	Leo	Ginsburg		00:42:03
75	Thomas	Åkerblom		00:43:06
76	Carl	Johanson	ICA Maxi Häggvik	00:43:14
77	John	Lektorp		00:43:15
78	Ludwig	Backman	Ica Nära Järvastaden	00:43:43
79	Gustav	Vahlne	Ica Nära Järvastaden	00:43:44
80	Mats	Olsson		00:44:25
81	Bengt	Sundbaum		00:44:25
82	Peter	Franck		00:44:32
83	Hasse	Skutberg	Trillevallen Sportklubb	00:45:36
84	Kimmo	Saidykhan		00:45:49
85	Jamie	Elovsson		00:46:11
86	Jonas	Ricknell		00:46:12
87	Adam	Rundkvist	Scania clube do Brasil	00:46:42
88	Mattias	Ohlsson		00:46:45
89	Peter	Norman		00:46:52
90	Erik	van den Bos		00:46:54
91	Johan	Holm		00:47:20
92	Johan	Ytterholm		00:47:41
93	Robert	Hummelvik	Fredrikshof ck	00:48:03
94	Raghu Ram	Garlapati		00:50:15
95	Erik	Wernerlich		00:50:38
96	Samuel	Bungsmuhr	Ica Nära Järvastaden	00:51:13
97	Mikael	Larsson		00:54:12
98	Gustav	Eklund		00:54:59
99	Marius	Vochin		01:00:13
100	Fredrik	Noreng	Stockholm Multisport	01:13:24
101	Max	Albertsson		DNF/DNS
102	Pelle	Beckman		DNF/DNS
103	Liutaras	Bilevicius		DNF/DNS
104	Calle	Björkegren		DNF/DNS
105	Staffan	Bohman		DNF/DNS
106	Johan	Calleberg	Snättringe SK	DNF/DNS
107	Rikard	Ericsson		DNF/DNS



108	Johan	Grahn		DNF/DNS
109	Jesper	Grönkvist	Ica Nära Järvastaden	DNF/DNS
110	Ton	Langerak		DNF/DNS
111	Stefan	Myrefelt	Skarpnäcks OL	DNF/DNS
112	Carl Loa	Odin		DNF/DNS
113	Otto	Stenvall		DNF/DNS
114	Per	Stålhammar	Tullinge SK	DNF/DNS
115	Simon	Stålhammar	Tullinge SK	DNF/DNS
116	Robin	Svedberg	IKJ Haninge	DNF/DNS
117	David	Sveder		DNF/DNS
118	Olof	Wetterling	Täby IS	DNF/DNS
119	Niklas	Viklund		DNF/DNS
120	Rickhard	Ågren		DNF/DNS
121	Petter	Österlund		DNF/DNS